

Discovering Food Cultures



INTRO:

Every one of us has had a dish that has left a lasting impression on us. The tastes, textures, aromas, etc. were ones that we had not yet experienced either at all or not in such a combination. Try to recall that sensation with a dish or bite you would link that to. This experience is one of very few that we can relive anew several times. Food and its effect on us are unique and similar at the same time. The world over people and their cultures, emotions, inspirations and resources influence food and that very effect on the rest of us. At its most basic level **FOOD = SURVIVAL**. We are fortunate to have our Senses about us and get to Taste with and survive on food.

In this exercise pick from one of the Countries below and research/discover the following items, and list them in a Power Point Presentation.

- **A National Dish.**
- *Provide a picture of the dish with a brief description.*
- *Provide a recipe for the dish of your choosing, with listed ingredients and procedures.*
- **Create the National Dish or a Dish from the Country of your choosing.**
- *Take pictures or video of your preparation and add them to the Power Point. If you cannot replicate the dish to its fullest, please create something that is close to or similar to it, using items in your household or that you may easy and safe access to. Your teacher will give the final ramification on product or dish availability.*
- **Highlight A Chef of Renown from that country, with a brief point-form biography to give your teacher and peers a basic introduction to them.**
- **Highlight An influential person, athlete, musician, or changemaker from the chosen country and the cause for their renown or notoriety.**
 - *Example: Wayne Gretzky – Legendary Canadian Hockey Player, who has earned numerous accolades and set International and NHL League records, that still stand to this day.*
- **Provide a 50-100 word reflection about the experience of completing this activity and research.**
- **Cite the sources of your research results on a slide.**

Research ONE of the Countries below:

Canada, Germany, Australia, Russia, Japan, South Africa, New Zealand, India, Vietnam, United States of America, Philippines, Switzerland, France, Italy, Greece.

OR *a country that has a special meaning to you such as heritage or other special interest.*